# CPAP/BiPAP USE EMMCO WEST ALS PROTOCOL

### Criteria:

- **A.** Conscious patient in severe respiratory distress due to suspected pulmonary edema or burn inhalation injuries.
- **B.** Shortness of breath with pulsoximetry < 90% on high-flow oxygen via NRB mask.

## **Exclusion Criteria:**

- A. Suspected Pneumothorax.
- **B.** Inability to maintain own airway.
- C. Altered mental status
- **D.** Agitated or Combative behavior.
- E. Facial trauma or burns

# **System Requirements:**

A. Prehospital CPAP/ BiPAP equipment that meets DOH requirements

#### Procedure:

- **A.** Adult patients:
  - 1. Assess patient and initiate high flow oxygen as indicated.
  - 2. Monitor pulsoximetry.<sup>1</sup>
  - 3. Apply CPAP/ BiPAP if oxygen saturation < 90% on high flow oxygen via NRB mask.
    - a. Connect CPAP/BiPAP device to suitable oxygen supply.
    - b. Attach breathing circuit to CPAP/BiPAP device and ensure device is functioning properly.
    - c. Apply and secure appropriate size breathing circuit mask to patient.
    - d. Titrate positive airway pressure up until improvement in patient pulsoximetry and symptoms.
      - 1) WARNING: Do not exceed pressures of 10 cm H<sub>2</sub>O
  - 4. Reassess the patient.
  - 5. Follow CHF or Asthma protocols if appropriate.<sup>2,3</sup>
  - 6. Transport
  - 7. Contact Medical Command<sup>4</sup>.

## **Possible MC Orders:**

- **A.** If CHF suspected, may order additional serial nitroglycerine.
- **B.** If reactive airway disease suspected, may order nebulized bronchodilator treatment.

#### Notes:

- 1. Pulsoximetry should be monitored continuously during use of CPAP/BiPAP
- 2. If appropriate, nebulized bronchodilators may be administered during PAP ventilation via a side port.

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